

From: Edwin [REDACTED]  
 To: [REDACTED]

Date	Day	BB or AB	Blood Sugar			Blood Pressure		Pulse		Weight
			AM	MD	PM	AM	PM	AM	PM	
	Sunday									
	Monday									
6/7/2005	Tuesday	BB	130			145/91		85		282
6/8/2005	Wednesday	BB			120		141/93	84		
6/9/2005	Thursday	BB	127		183 (NM)	121/91	145/86	80	89	
6/10/2005	Friday	BB	135		134	136/82	132/79	81	83	279
6/11/2005	Saturday	BB	128		115	138/84	118/78	91	80	276
6/12/2005	Sunday	BB	126		93	127/88	117/77	83	74	277
6/13/2005	Monday	DB	122		106	128/90	126/80	87	78	274
6/14/2005	Tuesday	DB	131	Low	126	132/84	131/81	81	82	275
6/15/2005	Wednesday	BB	134			118/80		81		274
6/16/2005	Thursday	BB	120			136/91	122/81		85	274
6/17/2005	Friday	BB	159		52	126/84	113/72	92	84	271
6/18/2005	Saturday	BB	130		200	133/84		87		272
6/19/2005	Sunday	BB	151	Low	114	126/102	118/70	71	90	274
6/20/2005	Monday	BB	123		OK	131/89		85		274
6/21/2005	Tuesday	BB	121		OK	130/85		81		273
6/22/2005	Wednesday	BB	120		158	136/86	112/73	81		
6/23/2005	Thursday	BB	137		124	132/86	107/72	80		271
6/24/2005	Friday	BB	117		OK	126/84		81		271
6/25/2005	Saturday	BB	OK		OK	125/76		76		271
6/26/2005	Sunday	BB	128		99	119/84	119/84	83		270
6/27/2005	Monday	BB	130		97	117/85	120/74	81	66	271
6/28/2005	Tuesday	BB	112		OK	116/75		73		271
6/29/2005	Wednesday	BB	118	119	130	125/83	125/79	78	79	271
6/30/2005	Thursday	BB	125		127	119/79	105/62	76	83	
7/1/2005	Friday	BB	108		112	128/74	104/68	74	72	269
7/2/2005	Saturday	AB	117		143 A	112/88	118/68	69	72	
7/3/2005	Sunday	BB	138		182 NM	117/70	110/69	68	80	269
7/4/2005	Monday	BB	124		144 A	117/70	110/72	73	77	270
7/5/2005	Tuesday	BB	139		123	119/78	109/71	76	73	270
7/6/2005	Wednesday	BB	131		113	117/77	106/72	78	76	268
7/7/2005	Thursday	BB	115		129	118/76	104/67	73	72	268
7/8/2005	Friday	BB	123		OK	119/85	No Walk	74		
7/9/2005	Saturday	No walk, no meds, no readings - felt fine								

BB = Before Breakfast  
 MD = Mid Day  
 AB = After Breakfast  
 DB = During Breakfast (had a few bites of fruit before remembering to check blood sugar)  
 NM = No medications taken that day  
 PM readings were taken before bedtime  
 Low = Blood sugar crashed but no reading taken  
 OK = No reading taken, but felt no problems  
 Glyberide cut in half 7/1/05 onward  
 A = Apple eaten

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Date	Day	BB or AB	Blood Sugar			Blood Pressure		Pulse		Weight
			AM	MD	PM	AM	PM	AM	PM	
7/10/2005	Sunday	No walk, no meds, no readings - felt fine								
7/11/2005	Monday	BB	137	73	OK	135/84		75		268
7/12/2005	Tuesday	BB	133		OK	112/85		86		267
7/13/2005	Wednesday	BB	128		131	102/83	106/70	82	75	266
7/14/2005	Thursday	BB	135		135	123/79	119/83	76	64	264
7/15/2005	Friday	BB	136		157	100/82	125/79	63	79	264
7/16/2005	Saturday	BB	114		138	108/74	105/71	75	69	265
7/17/2005	Sunday	BB	128		126	118/74	128/72	75	69	265
7/18/2005	Monday	BB	133		118	105/85	109/68	89	75	264
7/19/2005	Tuesday	BB	124		135	118/71	100/70	77	76	263
7/20/2005	Wednesday	AB	171	69	173A	125/73	126/70	86	75	263
7/21/2005	Thursday	BB	142	75	127	105/76	108/69	83	70	261
7/22/2005	Friday	BB	124		119	105/73	114/63	83	74	
7/23/2005	Saturday	BB	133		165	114/88	113/71	65	72	261
7/24/2005	Reading taken at normal PM time				103	109 reading taken at 11 p.m.				
7/24/2005	Sunday	BB	145	60	109	116/79	131/77	86	70	263
7/25/2005	Monday	BB	137	80	124	114/74	109/70	78	67	262
7/26/2005	Tuesday	BB	123		112	120/75	121/83	79	65	261
7/27/2005	Wednesday	BB	128		OK	128/85		64		260
7/28/2005	Thursday	BB	138	70	133	117/73	117/76	78	70	259
7/29/2005	Friday	AB	142		224	110/76	116/76	72	69	261
7/30/2005	Saturday	BB	142		156	134/86	133/80	66	74	259
7/31/2005	Sunday	BB	145	80	113	115/77	122/68	74	73	266
8/1/2005	Monday	BB	131	71	132	118/79	106/70	76	68	261
8/2/2005	Tuesday	BB	130		116	120/74	127/74	73	69	260
8/3/2005	Wednesday	BB	130	74	130	128/71	116/78	73	71	259
8/4/2005	Thursday	BB	134	62	108	106/74	112/73	75	65	257
8/5/2005	Friday	BB	137	116	153	121/82	113/71	71	76	258
8/6/2005	Saturday	BB	131		221	123/76	120/66	76	77	258
8/7/2005	Sunday	BB	130		173	119/76	129/74	75	83	259
8/8/2005	Monday	AB-fruit	232	116	131	131/85	106/74	85	68	262
8/9/2005	Tuesday	BB	166		156	125/82	133/83	69	75	261
8/10/2005	Wednesday	BB	154	111		111/79		82		258
8/11/2005	Thursday	BB	134	115		128/85		88		257
8/12/2005	Friday	BB	145		208	113/76	121/77	73	68	256
8/13/2005	Saturday	BB	147		180	114/85	112/85	78	53	

BB = Before Breakfast

MD = Mid Day

AB = After Breakfast

NM = No medications taken that day

PM readings were taken before bedtime

OK = No reading taken, but felt no problems

A = Apple eaten

NG = No Glyburide taken

NF = No Fosinopril taken

NZ = No Zocor taken

ST = Sugar Treat

\* Saturday lunch at church potluck, higher sugar level later

\*\* Normally no meat is eaten, but on 7/22 and 7/26, broasted chicken eaten for lunch; higher sugar later

\*\*\* Fighting infection In bug bite, so continued with Glyburide

From: Edwin [REDACTED]  
 To: [REDACTED]

Date	Day	BB or AB	Blood Sugar			Blood Pressure		Pulse		Weight	
			AM	MD	PM	AM	PM	AM	PM		
8/14/2005	Sunday	BB	142			134/80		73		257	No G,F,or Z
8/15/2005	Monday	BB	156			134/79		70		254	"
8/16/2005	Tuesday	BB	142		137	113/76	114/74	69	72	257	"
8/17/2005	Wednesday	BB	135		143	100/81	128/74	67	74	254	"
8/18/2005	Thursday	BB	135			105/79		84		254	"
8/19/2005	Friday	BB	172		140	107/108	123/74	53	74	252	"
8/20/2005	Saturday	BB	149			120/80		78		254	* "
8/21/2005	Sunday	BB	177		134	121/78	129/79	80	71	254	"
8/22/2005	Monday	BB	146		136	125/77	123/84	57	68	254	"
8/23/2005	Tuesday	BB	149		147	115/73	126/79	77	81	252	"
8/24/2005	Wednesday	BB	130		134	122/78	119/79	75	68	254	"
8/25/2005	Thursday	BB	130		128	131/79	115/79	78	70	253	"
8/26/2005	Friday	BB	138		186A	124/80	127/76	84	68	254	"
8/27/2005	Saturday	BB	137		159	124/103	124/75	79	65	252	* "
8/28/2005	Sunday	BB	144		152	117/79	131/84	71	70	253	"
8/29/2005	Monday	BB	146		132	118/74	131/77	74	74	251	"
8/30/2005	Tuesday	BB	126		132	118/72	120/75	76	69	250	"
8/31/2005	Wednesday			102	147	125/94	120/75	71	65	251	"
9/1/2005	Thursday	BB	123		161	117/77	118/78	76	75	250	"
9/2/2005	Friday	BB	129		120	115/73	122/76	74	67	251	"
9/3/2005	Saturday	BB	140		170	120/75	118/70	69	69	251	* "
9/4/2005	Sunday	BB	131		146	124/74	123/78	82	68	251	"
9/5/2005	Monday	BB	130		166	118/73	121/73	77	68	251	"
9/6/2005	Tuesday	BB	127		149	122/76	124/74	78	61	251	"
9/7/2005	Wednesday	BB	133		145	123/79	117/74	76	63	251	"
9/8/2005	Thursday	BB	133		135	121/76	115/68	71	69	250	"
9/9/2005	Friday	BB	130		132	117/73	121/70	72	69	249	"
9/10/2005	Saturday	BB	142		206M	114/74	120/73	88	70	247	* "
9/11/2005	Sunday	BB	132		141	138/84	121/80	71	69	254	"
9/12/2005	Monday	BB	132		133	120/79	117/74	76	64	250	"
9/13/2005	Tuesday										
9/14/2005	Wednesday										
9/15/2005	Thursday										
9/16/2005	Friday										
9/17/2005	Saturday										

BB = Before Breakfast

MD = Mid Day

AB = After Breakfast

NM = No medications taken that day

PM readings were taken before bedtime

OK = No reading taken, but felt no problems

A = Apple eaten at supertime M = Supper eaten with meat & cake

NG = No Glyburide taken

NF = No Fosinopril taken

NZ = No Zocor taken

ST = Sugar Treat

\* Saturday lunch at church potluck, higher sugar level later

\*\* Normally no meat is eaten, but on 7/22 and 7/26, broasted chicken eaten for lunch; higher sugar later

\*\*\* Fighting infection In bug bite, so continued with Glyburide

[REDACTED] EDWIN C (57)

\*\*\* WORK COPY ONLY \*\*\*

Printed: 09/13/2005 09:03

Provider [REDACTED] NJAN

Specimen: BLOOD. ICH 0913 52  
09/13/2005 06:33

Test name	Result	units	Ref. range	Site Code
CREATININE*IA	0.6 L	mg/dL	0.7 - 1.4	[816]
SODIUM*IA	140	mmol/L	135 - 145	[816]
POTASSIUM*IA	3.8	mmol/L	3.5 - 5.0	[816]
CHLORIDE*IA	103	mmol/L	95 - 107	[816]
CO2*IA	30.3	mmol/L	24 - 32	[816]
ANION GAP*IA	6.7 L	mmol/L	8 - 20	[816]
eGFR*IA	148		60	[816]

Eval: eGFR results >60 are inaccurate.

Eval: Many variables affect the eGFR calculated result.

Eval: Estimated glomerular filtration rate (eGFR) units: ml/min/1.73m<sup>2</sup>.

CHOLESTEROL, TOTAL*IA	185	mg/dL	150 - 200	[816]
TRIGLYCERIDE*IA	252 H	mg/dL	0 - 150	[816]
HDL CHOLESTEROL*IA	38 L	mg/dL	40 - 110	[816]
CHOL/HDL RATIO*IA	4.9		0.0 - 5.0	[816]

Eval: Average risk for atherosclerosis is present at a

Eval: CHOL/HDL ratio of 4.5 to 5.0, with increased risk

Eval: above 5.0 and decreased risk below 4.5

LDL (CALCULATED)*IA	97	mg/dL	0 - 100	[816]
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Eval: Lipid goals:

Eval: With 0-1 risk factor LDL: <160 mg/dL

Eval: With multiple (+2) risk factors LDL: <130 mg/dL

Eval: With CHD & CHD risk equivalents or Diabetes LDL: <100 mg/dL

Eval: The recommendation is for a 12 hrs fast. Fasting between 9-12 hrs can

Eval: result in up to 4% lower values for the LDL (calculated)\*IA.

LDL/HDL RATIO*IA	2.5		0 - 4	[816]
FASTING STATUS*IA	12 HR FAST	STATUS		[816]
PSA	0.91	ng/mL	0.0 - 4.0	[816]

Performing Lab Sites

[816] [REDACTED]

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